

Start Your School Year off simply Healthy

WITH ARBONNE'S 30 DAYS TO HEALTHY LIVING

Get something special when you commit by 10/16/21



30 Days of Nutrition Supplements, Meal Plans and Grocery Lists

Feel more focused and energized. Feel more organized finding healthy options with less hassle.

Two meals a day and so much more for less than \$8 a day when you and a friend join in!

If you're looking to feel more energized and focused, or just healthier overall, then let's connect! Making the decision to get healthier is the first step! Congratulations! My products and I are here to support you through the journey to help you succeed. Through this program you will receive coaching and support, via text and through an online support group. Our 30 Days to Healthy Living program is a whole foods, clean eating program. It is designed to help you identify foods that fuel your body to optimize how you look and feel, inside and out.

**Contact me, Kait Bryant for a free 15 minute consultation.
Phone: 607-227-9452**

For more information about our 30 Days to Healthy Living Program scan this QR code or click [here](#).



*Kaitlin Bryant
Teacher Librarian -Belle Sherman Elementary
Arbonne Independent Consultant*